

Key Vocabulary

Self-discipline

Effort

Potential

Penance

Contrition

Lent

Easter

Resurrection,

Fasting

Alms giving

Year 4 - Lent / Easter Self Discipline

Big Question –
**Is self-discipline important
in life?**

Hymns

Lord By Your Cross



Serving Each Other



Church Teaching's

Lent is part of the Liturgical Year when people unite themselves with Christ in order to grow in self-discipline through the practices of prayer, fasting and almsgiving. We celebrate growth of new life in Christ, in preparation for the feast of Easter.

Scripture

Matthew 6:2-4 *God's Story 3*
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Matthew 27:39-56

Luke 6: 27-28, 32-36

Matthew 6: 2-4

John 13: 4-9, 12-15 *God's Story 3*
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Mark 15: 23-41 *God's Story 3*
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