

ADHD Parent & Carer Information Café Morning Drop-in Session

**Help
Support
Advice
Information**

Come along to this informal drop in morning session to have a coffee and chat with other parents and meet staff from Sheffield Family Hubs, Family Action, Ryegate, Parenting and other partnerships.



The Millan Centre
199 Longley Lane
Sheffield
S5 7JS



**Thursday 16th November 2023
Wednesday 13th December 2023**

9:30am - 12noon

Diagnosis not needed

For any queries, contact Sheffield Family Hubs on 0114 273 5665