


ADHD Parent & Carer Information Café Morning Drop-in Sessions

**Help
Support
Advice
Information**

Come along to this informal drop in morning session to have a coffee and chat with other parents and meet staff from Sheffield Family Hubs, Family Action, Ryegate, Parenting and other partnerships.

 **Lowedges Community Centre**
Gresley Road
Sheffield
S8 7HN



**Tuesday 31st October 2023
Tuesday 14th November 2023
Tuesday 28th November 2023
Tuesday 12th December 2023**

9:30am - 12noon

Diagnosis not needed

For any queries, contact Sheffield Family Hubs on 0114 273 5665