

St. Joseph's Catholic Academy

Personal, Social and Health Education Policy (PSHE)

Our Mission Statement

At St. Joseph's Catholic Academy, we believe that parents are the "first and best teachers" (1) of their children, and that we as a school and a parish, are called to support them in that God given task.

That every person is created "in the image and likeness of God," (2) to grow in Grace and knowledge, as they journey to the fullness of life in Christ.

That God made us all "unique yet equal." (3)

Together in the world created by God, we live, we love, we learn, we share, whether at home, school, church or work.

1—Rite of baptism, 2-Genesis 1, 3-Colossians

Rationale

This PSHE policy and the teaching which it underpins throughout the school, fulfils the statutory duties on schools. All schools have statutory duties to meet. As section 2.1 of the National Curriculum Framework states:

- Every state-funded school must offer a curriculum which is balanced and broadly based and which:
 - Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society.
 - Prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

These duties are set out in the 2002 Education Act and the 2010 Academies Act. Schools also have statutory responsibilities in relation to promoting pupil well-being and pupil safeguarding (Children Act 2004) and community cohesion (Education Act 2006). PSHE education plays an important part in fulfilling all of the responsibilities.

Statutory Duties

- From September 2020 Primary Schools must teach Relationships Education. (See Relationships and Sex Education Policy)
- From September 2020 Primary Schools must teach Health Education.

Relationships Education and Health Education are both taught within our PSHE curriculum, as core areas of learning.

SEMH (Social, Emotional and Mental Health)

Personal, social and health education promotes pupils' personal, social and emotional development, as well as their health and mental well-being. It helps to give children the knowledge and skills they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen and introduces them to some of the principles of prudent financial planning and understanding. (See also SEND Policy, Behaviour Policy and Safeguarding Policy.)

Aims

At St. Joseph's School, we believe that the personal, social and health development of each child, in conjunction with their citizenship skills, has a significant role in their ability to learn. We value the importance of PSHE and Citizenship in preparing children for the opportunities, responsibilities and experiences of adult life. As part of providing a broad and balanced PSHE curriculum, we are able to nurture and support the spiritual, moral, social and cultural (SMSC) development in young children and promote the fundamental British values in young lives. In addition, we believe that a child needs to learn about the many emotional aspects of life and how to manage their own emotions. We are also aware of the way that PSHE supports many of the principles of Safeguarding (see Safeguarding Policy).

At St. Joseph's we aim to help the children to:

1. Develop confidence and responsibility, and make the most of their abilities.
2. Prepare to play an active role as citizens.
3. Develop a healthy, safe lifestyle with the ability to make appropriate risk assessments, including e-safety.
4. Develop good relationships and respect the differences between people.
5. Understand some basic principles of finances
6. Make a positive contribution to the life of the school.

PSHE and Citizenship will enable children to practice specific skills in structured contexts and in their daily life including:

1. Encouraging everybody to take responsibility for their actions through the agreement of class rules.
2. Involving children in the setting of their own targets for learning.
3. Encouraging children to recognize and respect differences between people.
4. The election of school council in a democratic manner, which actively develops the direction of the school.
5. Encouraging children to take responsibility for their behavior.
6. Fostering resilience and perseverance through a growth mindset.

Organisation

Whole School Activities

- Whole school and key stage assemblies are sometimes used to address aspects of PSHE.
- Termly PSHE weeks (e.g. Democracy Week/Environment Week/Anti-Bullying) involve the whole school in the same theme.
- There is a timetable of PSHE activities in addition to the PSHE curriculum delivered in classes for a minimum of 30 minutes each week.
- Half termly PSHE days take place to consolidate learning

The Teaching of PSHE

St. Joseph's uses the PSHE Association Programme of Study: *The Primary Toolkit*. Learning opportunities are divided into three core themes: Health and Wellbeing; Relationships; Living in the Wider World. It is planned as a spiral curriculum, meaning that the specific learning builds as pupils move through the school, gradually expanding and deepening their knowledge, skills, and attributes.

In addition, the nature of St. Joseph's, as a Catholic school, means that many aspects of PSHE are also addressed during the teaching of other subjects; in particular Religious Education (see Religious Education Policy).

Teachers will also set aside time in class to discuss matters arising from school council meetings and any relevant and current news.

Drug Education

Drug Education is taught as part of the PSHE Curriculum within the core theme of Health and Well-Being. The *Christopher Winter* Programme of Study is used to supplement the PSHE Associations work in year groups 1-6. Modules covered are:

Year 1: Medicines and People Who Help Us

Year 2: Keeping Safe

Year 3: Smoking

Year 4: Alcohol

Year 5: Legal and Illegal Drugs

Year 6: Preventing Early Use

Philosophy for Children (P4C)

At St. Joseph's we teach philosophy for children. We focus on thinking skills and communal dialogue ('philosophising'), and we aim to build 'communities of enquiry' where the children develop the 4C's: creative, critical, collaborative and caring thinking skills. We aim to nurture children to think together with a view to increasing their understanding and appreciation of the world around them and of each other.

P4C develops both the need to reason with others, and encourages children to be prepared to be reasoned with. It can help children to negotiate with peers, and give reasons for the choices they make, contributing to increased self-esteem and overall well-being.

Assessment

The nature of PSHE makes many of the aspects difficult to formally assess. At St. Joseph's, staff are responsible for assessing progress in the subject through the use of tools such as questioning, discussion and story-boards. A base-line and end-point assessment are compared where appropriate. We encourage children to reflect on their own and others' learning, so that teacher-assessment is combined with pupil self-assessment and peer-assessment. Teachers use Tracking Grids to monitor subject coverage and progression within each of the three core areas.

Time Allocation

Each class teacher will aim to allocate at least 30 minutes each week to PSHE. This may be in response to events or whole school themes e.g. anti-bullying week. PSHE is taught by class teachers and forms part of the school's creative curriculum approach to learning.

Display

Displays follow the policy of St. Joseph's School.

Resources

Resources to support the PSHE Primary Framework are available on Staff Share. Individual class teachers also have specific resources. There are further resources available in the SEN office.

Monitoring

The coordinator will carry out a schedule of Learning Walks, sampling planning and evidence over the year, and include this in the annual report to Governors.

Equal Opportunities

PSHE follows the Equal Opportunities Policy of St. Joseph's School.

Responsibilities

The PSHE coordinator is responsible for:

- Monitoring the teaching and learning of PSHE.
- Overseeing and implementing the policy.
- Writing an annual action plan for the School Improvement Plan and evaluating progress throughout the year.
- Attending INSET and providing staff with appropriate feedback.

Class teachers are responsible for delivering PSHE topics to their class and being aware of where opportunities for cross-curricular links can be maximised.

Policy History

Reviewed	Summer 2019
Next Review	Summer 2020
Reviewed	Summer 2021
Reviewed	January 2023
Next Review	January 2024

