

PE Intent, Implementation & Impact

Intent –

It is our intention when teaching the PE curriculum that we develop the enjoyment of physical activity and improve the importance of health and wellbeing. We aim to give children the opportunities to develop their physical, social, creative and personal skills. From EYFS through to Year 6, children will learn, develop and utilise a range of physical, social, creative and personal skills, which they will then be able to put into a number of sports and games. Children will then apply these in competitive situations, and through this providing them with lifelong learning skills.

Implementation -

At St. Joseph's, from EYFS to Year 6, we provide opportunities for all children to engage in physical or sporting activities before, during and after school, as well as the opportunity to attend competitive sporting events across key stages 1 and 2.

Our PE curriculum covers the knowledge and skills outlined in the national Curriculum and allows all children to learn, develop and utilise a range of skills, whilst also allowing each child to understand how to challenge themselves to progress these skills further.

In Early years and Key Stage One we teach children the fundamental skills and movements to develop their agility, balance and coordination, giving children the opportunity to help coach peers.

In Key Stage Two children will continue to develop the fundamental skills learnt in KS1, but also moving this forward and working to develop themselves or fine tune their skills. These skills will then be used to learn and practice a range of competitive sports. Year 4 will also be taught swimming, and any children not meeting the swimming requirements by Year 6 will be given the opportunity for swimming interventions

Impact -

At St. Joseph's our curriculum will improve the wellbeing and fitness of all children. Children will better themselves not only through physical skills, but also through the values that underpin our whole curriculum. Our PE curriculum promotes independence and team work, so as the children leave KS2, most will be able to take lead and ownership of their own physical development. Our impact is to use these skills to mature into happy and healthy children.