



ST JOSEPH'S CATHOLIC ACADEMY

SPRING SUMMER 2023



WEEK ONE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 17/04/23 : 08/05/23 : 29/05/23 19/06/23 : 10/07/23 : 31/07/23 21/08/23 : 11/09/23 : 02/10/23	Main Course	Cheese & Tomato Pizza with Diced Potatoes	Italian Chicken with Mixed Rice	Roast Chicken with Roast Potatoes, & Gravy	Sausage Pasta Bake	Fish Fingers with Chips & Tomato Sauce
	Vegetarian Main Course	Loaded Jacket Wedges with Cheese or Beans	Beany Tomato Ragù with Rice	Quorn Roast with Roast Potatoes & Gravy	Vegetable Sausage Pasta Bake	Onion Bhaji Burger with Chips & Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
	Sandwiches	Cheese Sandwich	Cheese Panini	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
	Sandwiches		Cheese & Ham Panini	Hot Roast Baguette of the Day	Ham Sandwich	Tuna Sandwich
	Vegetables	Mixed Vegetables Mixed Salad	Garden Peas Carrots	Cauliflower Cabbage	Green Beans Sweetcorn	Baked Beans Garden Peas
	Dessert	Oat & Raisin Cookie	Chocolate Sponge with Chocolate Sauce	Ice Cream & Banana	Vanilla Blondie & Apple Wedges	Strawberry Cake
WEEK TWO		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 24/04/23 : 15/05/23 : 05/06/23 26/06/23 : 17/07/23 : 07/08/23 28/08/23 : 18/09/23 : 09/10/23	Main Course	Rainbow Pizza with Diced Potatoes	Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta	Roast Chicken with Roast Potatoes & Gravy	Chicken Tikka Curry with Mixed Rice	Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Macaroni Cheese	Veggie Burger with Potato Wedges	Quorn Roast with Roast Potatoes & Gravy	Cheese & Onion Pastry Roll with Potato Wedges	Loaded Jacket Wedges with Cheese or Beans
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Sandwiches	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese & Tomato Sandwich
	Sandwiches	Cheese & Tomato Panini	Tuna Sandwich	Hot Roast Baguette of the Day	Ham Sandwich	Tuna Mayo Sandwich
	Vegetables	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas
	Dessert	Flapjack Finger	Chocolate & Banana Muffin with Apple Wedges	Jelly & Mandarins	Fruity Jam Buns & Custard	Chocolate Ice Cream
WEEK THREE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 01/05/23 : 22/05/23 : 12/06/23 03/07/23 : 24/07/23 : 14/08/23 04/09/23 : 25/09/23 : 16/10/23	Main Course	Cheese & Tomato Pizza with Diced Potatoes	Pasta Bolognese	Roast Chicken with Roast Potatoes & Gravy	BBQ Chicken & Vegetable Burritos with Mixed Rice	Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Loaded Jacket Wedges with Cheese or Beans	Veggie Mince Pasta Bake	Vegetable Sausage with Roast Potatoes & Gravy	Cheese & Onion Flan with Diced Potatoes	Bean Bake & Chips with Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Sandwiches	Cheese Sandwich	Ham Sandwich	Cheese Sandwich	Ham Sandwich	Cheese Sandwich
	Sandwiches		Meatball Sub	Hot Roast Baguette of the Day	Tuna Sweetcorn Sandwich	Fish Finger Wrap
	Vegetables	Mixed Vegetables Garden Salad	Garden Peas Sweetcorn	Cabbage Cauliflower	Green Beans Carrots	Baked Beans Garden Peas
	Dessert	Chocolate Shortbread Biscuit	Fruity Flapjack with Banana	Oaty Crunchy Biscuit	Apple Sponge & Custard	Chocolate Crispy Crunch

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.